# Welcome to Forever Green Montessori



# Forever Green at a Glance...

- We are a **Montessori** centre this differs to other childcare centres. Please read page titled what is 'Montessori?'
- We are a small community with only 20 children.
- There are two rooms:
  - The **Nido** room for 6 weeks to approximately 18-19 months
  - The Community room from approximately 18-19 months to 3 years
- **PWe are Open 8:00am to 5:30pm**
- POur fees are \$145 per day and we are registered for CCB and CCR.
- Things we provide:
  - ## Quality care and education
  - ## Morning Tea, Lunch, Afternoon Tea (Our food provider is Kids Gourmet Food)
  - ## Cloth Nappies

## Things you will need to provide:

- Bed Sheets Standard Cot size
- Water Bottle
- Milk Bottle Formula
- Hat
- Change of clothes x 2 1 disposable nappy for home time
- TOur wait list length differs depending on when you are looking to start your child and how old your child is, and your preference of days.
- POur **ratio** is regulated by the Federal Government and is 1 adult to 4 children for children under the age of 2, 1 adult to 5 children for children aged 2-3 and 1 adult to 10 children aged 3-6.
- Should you decide to place your child on the wait list for the Montessori Works in Maroubra, Matraville, and Randwick or Montessori By-The-Bay in Monterey, having attended Forever Green gives your child preference and you will be notified as soon as a place becomes available.

The Educators at Forever Green have a range of experience and qualifications from trainee in Certificate III to Master's Degree. They are all loving, wholesome and dedicated individuals who bring creativity and laughter to the children.

## What is Montessori?

## **Article written by Louise Livingston**

## Article reprinted with the kind permission of Louise Livingston

There are so many misconceptions about Montessori. Some people say 'that's where the children are allowed to do exactly as they like' others say 'it's too rigid – the children have to work all the time and have no time to socialise.' The reality is that Montessori is neither of these. However, one can be forgiven for being confused. Montessori is not a registered name and amazingly, it is possible to set up a school and call it Montessori even if you don't have any Montessori trained teachers and not one piece of Montessori material. So, any parent looking for a Montessori school may well find it difficult to understand what Montessori is because there is such a wide range of so called 'Montessori' schools on the market.

In a true Montessori school, you will find independent children who are encouraged not only to do things for themselves but also to think for themselves. You will find children who have learnt how to explore and solve problems for themselves. Most importantly you will see small children who are often perceived as only being aware of their own needs helping each other and who, without being asked to, will put things away and perform acts of kindness purely to benefit the group as a whole. So how does this all come about? What exactly is Montessori? What should you be looking for if you are looking for true Montessori and what kind of guarantees are there that what you are paying for is the real thing?

The Montessori approach is based upon the natural laws of human development. Maria Montessori observed that children under six absorb limitlessly and effortlessly from the world around them and in so doing lay down all the foundations for later life – they become adults with all the characteristics and language of the culture into which they have been born simply by living. In this huge task, however, they have some help. They have a special kind of mind that she called an absorbent mind - a strong desire to explore everything around them using their senses and a drive to become independent. She identified certain windows of opportunity for the child that she called 'sensitive periods' during which the child is irresistibly drawn to the things he needs to help him develop his full human potential.

Everything in the classroom is designed to support these windows of opportunity. The Montessori 'nursery school' is called the Children's House because everything in it is designed to allow the child to become independent – the materials are child sized and the equipment is laid out in an orderly fashion on low shelves that are easily accessible for the children. The equipment is aesthetically pleasing and is meticulously cared for which encourages the children to take care of it too. Children between the ages of two and a half and six are grouped together in their own mini society. The younger children learn from watching the older children and the older ones benefit by helping the younger children. The mixed age group allows the children to develop socially, intellectually and emotionally – it is an essential part of any Montessori school. When you are looking at schools you need to see children of different ages grouped together in this way otherwise the class is missing an important part of the Montessori approach.

The curriculum is divided into four main areas. Practical life not only gives the children the opportunity to practise the skills of everyday life but also helps them to develop concentration and develop co-ordination of mind and body. The sensorial materials capitalise on the fact that children use their senses to learn. Through these materials they are encouraged to order and classify the physical properties of the world they live in. The materials for mathematics help the children to learn and really understand mathematical concepts because they are presented using concrete materials. Children are prepared to write and read from the minute they come into the class through a series of activities that gradually build all the individual skills required so that when they are ready it is just a natural progression. Geography, history, biology, botany, zoology, art and music are covered with a hands-on approach that is based on the fact that children learn most effectively from their own experiences.

In a Montessori school you will see children choosing their activities independently and moving from one activity to the next – always returning things to the shelf after they have used them. You will experience an atmosphere of calm and see young children concentrating for surprising periods of time. Children work individually, in a group or with a friend. The morning should last for a minimum of three hours – three hours in which there is no fixed 'timetable'. Groups arise spontaneously rather than at a fixed time every day. Maria Montessori observed that this unfettered period of time was essential for the children to develop the kind of concentration that you see when a child becomes involved with something that is essential for his development. There are no time limits for the child – he may work with whatever he chooses for as long as he likes. What is known as the 'three-hour work cycle' is another essential feature of the Montessori approach and if you don't observe this you are not looking at true Montessori.

In a Montessori school the child is guided by a trained adult who will show him how to do the things that he is ready for after which he can work with them independently. The adult observes the child and will not interfere so long as the child is working with the material productively. When a difficulty arises, she is able to step in and give help but is always careful never to give more help than is needed. Children work at their own individual pace and naturally develop their own rhythm and work pattern. Each child's individual needs are assessed through observation so that he is shown new things when he is developmentally ready and new knowledge is always built on what he already knows. Since everything he does in the classroom also prepares for a later activity the child is able to move gradually through activities developing his skills effortlessly. The 'directress' is not teaching the child she is putting him in charge of his own learning through his own exploration. This may seem a subtle distinction but it is a key part of the Montessori approach

For More information on Montessori, please visit www.montessori.org.au

## Fees

- Fees are \$145 per day and can be paid fortnightly in advance. We recommend you pay by direct deposit and receipts will be available for you to pick up near the sign in sheet or e-mailed to you.
- Application fee is \$50 non-refundable
- Bond is \$500 refundable if the school is given at least four weeks' notice before your child leaves.
- There is also a \$145 per year family levy that covers things such as incursions, i.e. puppet shows, farm animal visits, parent education evenings/mornings end of year parties, Mother's Day/Father's Day morning teas etc...
- TAll fees can be paid to

BSB 941 203

Account # 203 339 020

- Please note your child's name on your deposit to allow for easy payment tracking.
- Forever Green is an approved centre and is eligible for the CCR and CCB.
- Please link your child with their CRN to the family payment office as explained on the enrolment form.

# Nído and Community Environments

In this age group, the two main goals and outcomes are language and movement development.

Both environments are set up to allow for optimum acquisition of these aspects of development. Through the acquisition of these functions, the child develops self-esteem, independence and joy.

## Nído Room

- The Nido Room is set up with two areas mobile children, and not yet mobile children.
- Movement Mats for tummy time and experiences with mobiles visual, tactile and auditory.

- Mirrors babies can watch themselves moving or pulling to stand, and this helps develop body scheme. And they love it!
- \*Bar and mirror to pull to stand on, shape sorters and puzzles to develop hand-eye coordination.
- Music instruments and singing
- Language talking to the children, singing, making lots of sounds, reading stories etc...
- \*\*Sleeping In line with the Montessori Philosophy, the children will not sleep in cots, they will sleep on floor mats. The sleep area for the babies is located next to the Nido Room with soft music playing in the background. The room has curtains to dim light and creaete a private room for babies to sleep
- Thildren will sleep, eat, and have their nappies changed according to their needs.

## Community Room

## Self-expression

Musical instruments, singing, painting, crayons, telling stories, dancing etc...

## Language

- \*We can offer language to children in every situation by asking questions, listening to/telling stories, naming objects and movements etc...
- There is also a section of our classroom devoted to language development. As language is an abstraction, this is the process we follow:
- ¶1. Objects (real or as close to real as is possible)
- \*2. Objects with exact pictures to show that an object can be represented by a 2D image
- \*3. Objects with similar pictures so the child can abstract the essential characteristics of what something is.
- 4. Language cards images of objects/places etc...
- We use what is called a '3 period lesson which aims for optimum language exposure with repetition to aid in the brain absorbing vocabulary.

## Practical Life

- \*\*Care of Self buttoning frame, hair brushing, nose wiping, shoe brushing etc...
- \*\*Care of Environment indoor and outdoor mopping, gardening, flower arranging, table scrubbing etc...
- Food preparation washing potatoes, slicing strawberries, grinding basil etc...

\*\* Grace and Courtesy - movement through a room, movement of furniture, modeling manners etc... everything involves grace and courtesy.

#### Movement

- Gross Motor development and refinement
  - Practical life activities, climbing, running, riding bicycles, dancing, carrying trays etc...
- Fine Motor development and refinement
  - Practical life activities, puzzles, threading, posting etc...
- \*\*Sleeping In line with the Montessori Philosophy, the children will not sleep in cots, they will sleep on floor mats. The sleeping area for the toddlers is within the space of the community room.
- Thildren will sleep, eat, and have their nappies changed according to their needs.

## Orientation at Forever Green Saying Goodbye...

A normal day for our classroom begins with a greeting. We greet each child and their family at the door with a handshake and a smile. From here, the child enters the classroom independently and puts their bag away, ready to then choose an activity to begin their work cycle.

This is the goal of our orientation process

With our years of experience this is the process we recommend you follow:

- Talk to your child about it. Talk about the activities here, the staff here, other children, what their school bag will be like, let them walk with their school bags and make it a positive and normal part of life.
- Leave your child with other people for short periods of time (e.g. 15 minutes working your way up). This will help them to trust that you will come back. Be sure the child knows you are comfortable with them being here.
- Become comfortable with your child being here. If you are not comfortable or the child feels you are missing them all day it will be very hard for them to settle.
- Join us in our prepared orientation program for your child (will change slightly depending on the individual)

Week 1 --- Playgroup Orientation (no charge)

Week 2 --- half day until 1pm (charge at full day rate)

#### Week 3 --- 2 longer days until 3pm

Week 4 --- Full time attendance (if your child is ready)

In the Community Room, say 'Goodbye' at the door. Once your child has experienced their parent-child playgroup orientation, their first morning session should be as independent as possible.

Your child is walking and is able to move and so must be trusted to do so, walking into the room, carrying a school bag small enough for them to manage (bed sheets in a separate bag) and allowing the staff members to bring them into the room. Saying goodbye at the door also means that the child comes into the room leaving you rather than you leaving them from the room.

The child will learn through this process that the classroom is their space. If the parent stays with the child in the environment then the transition process may become prolonged, as children will then have to transition again. It is also unfair for the other children whose parents cannot be there.

- The quicker the goodbye process and the less 'fussy' the easier it is for the child.
- Most children will cry at the door as they enter for the first few sessions, although all children are different. If your child cries for a long period of time or appears to be extremely distressed we will call you immediately. Please be sure to stay close-by and available during your child's first days. The environment is prepared with activities set out beautifully on child sized shelves within easy access of the children. Everything in the classroom enables the child to feel ownership and care for the materials, and to aid in the growth of independence. For this reason, we ask the parents to respect the child's space and say "Goodbye" to them at the door.

In the Nido room goodbye is a very different situation. The orientation process is similar, but parents are welcome and encouraged to spend time in the room with the children and settle them on arrival if needed. We also encourage parents to come back to feed at any time during the day. At this stage it is very important for both you and your child to feel comfortable here and spend as much time together as possible.

This process of separation may not be easy, but it is an important transition for the child and if these steps can be followed it will become positive rather than traumatic for your child, and for you.

Separation is a positive process of life. Life is full of separations that allow space for a new attachment. It begins with the birth of a child, separating from the mother's body, allowing them to attach and interact with other members of the family and having a communicative relationship with the mother outside of the womb.

The next separation is when the child is weaning from breast milk or formula to the food of the family. This is necessary as every person gets to a point when breast milk or formula is no longer

enough to sustain the nutritional requirements. It also leaves space for the child to have a whole range of new sensory taste experiences providing language and social enjoyment.

The child then learns to move and will at first move away from you while still coming back to check and make sure you are there and never venturing too far. If at this stage the child is encouraged to use their movements – the parents and carers trust this child's abilities and help them to develop – and also trust and support the child's developing personality and intellect, the child will be able to trust themselves in a new space and become more able to form new attachments with other children, carers and the materials in the environment all of which will support the process of their developing functional independence – that is emotional, intellectual and physical.

When your child is upset we will comfort them, when they are hungry we will make sure they have food, when they are thirsty we will provide water, when they need a nappy change, we will change them and when they are disinterested we will provide educational stimulus.

Everything we do we do for love of the child seeing always their undeveloped potential. As Maria Montessori said:

'To aid life leaving it free, however, to unfold itself. This is the basic task of the educator."

## Wait list at Forever Green Montessori Process/Forms

Contact us: fgm@live.com.au Telephone: 02 8094 9783

Forever Green Montessori is a long day care service and as such families may receive a percentage of fee relief from The Family Assistance Office.

Please contact Family Assistance Office on 13 61 50 to obtain CRNs and link them to the centre.

We are open 50 weeks per year. We close over Christmas and New Year for 2 weeks.

We encourage families to use our service 5 days per week

There are places for 2 or 3 days per week and it is necessary to state your choice whilst on the waiting list.

Only these combinations of days are accepted: (Monday/Tuesday or Monday/Tuesday/Wednesday or Thursday/Friday or Wednesday/Thursday/Friday or all 5 days

Included in the fees is Montessori parent education program. It is encouraged that you participate.

Fees are \$145 per day. Payments of fees are due irrespective of public holidays or your own personal holidays.

There is a \$50 non-refundable registration fee to be placed on the waiting list.

A BOND of \$500 is required on acceptance and secures your place

Priority of access guidelines applies when there is a waiting list or when a number of parents apply for a limited number of vacant places. PRIORITY 1 - a child at risk of serious abuse or neglect

PRIORITY 2 - a child of a parent (or both parents if you have a partner) who work, are training or study

PRIOIRITY 3 - any other child.

An Annual Family levee of \$125 is due in March each year

#### Fee Assistance on Enrolment

Parents can claim a 50% Child Care Tax Rebate capped at \$7,500 p.a. per child. The rebate is not means tested and is not available to families that salary sacrifices their fees. A Child Care Benefit subsidy may also be available subject to a means test. Please contact the Family Assistance

Office on 13 61 50. Further enquiries for further assistance please call the family assistance office on 13 61 50.

SEND WITH WAITING LIST FEE TO: Forever Green Montessori 469 MALABAR ROAD, MAROUBRA 2035, Account Name: Crown Investment Group BANKING DETAILS: BSB: 941 203 ACCOUNT NUMBER: 203 339 020 ALL CHEQUES MADE OUT TO Crown Investment Group Pty Ltd Intended date of entry:\_\_\_\_/\_\_\_ Days of attendance (Seebelow) Mon Tues OR Mon Tues Wed OR Thurs Fri OR Wed Thurs Fri OR FIVE DAYS Parents Names: 2.\_\_\_\_\_\_D.O.B\_\_\_\_/\_\_\_/ Address:\_\_\_\_\_ Phone Mobile: other: Email address: Please circle priority of access as outlined above: 123 WHEN YOUR ENROLLMENT OFFER HAS BEEN CONFIRMED AND YOU HAVE BEEN GIVEN A START DATE PLEASE LINK YOUR CHILD TO THE CENTRE BY COMPLETING THE FORM BELOW (BY CALLING The FAO on 136150) AND GIVING IT TO A STAFF MEMBER AT Forever Green Montessori. Parent Full Name: \_\_\_\_\_\_\_D.O.B:\_\_\_\_/\_\_\_ Parent CRN: Child's CRN: